Critical Care Unit

Patient & Visitor Guide

The goal of Sumner Regional Medical Center's Critical Care Unit (CCU) is to provide the highest quality healthcare to all our patients in the most professional and compassionate manner possible. Our unit is staffed with nurses and other licensed personnel who specialize in the treatment of critically ill patients. We also have physician specialists who are available for consultations as needed.

Visitation Policy

Visitation is open to one support person 24 hours a day. We ask that as your loved one's support person, you partner with us to help make patient care and safety our first priority. We encourage the support person to be present during shift change report and to remain in the room during this time. No traffic in and out of the unit will be permitted during this time. These times are typically 6:30 a.m. to 8:30 a.m. and 6:30 p.m. to 8:00 p.m. All other visitors are to follow the visitation guidelines. Adult and child visitors will be restricted under the following conditions:

Visiting Hours 8:30 a.m. to 12:30 p.m., 2:00 p.m. to 6:00 p.m. and 8:00p.m. to 9:00 p.m.

- A documented legal reason.
- Their behavior disrupts the functioning of the patient care unit.
- Their behavior creates a direct risk to the patient, family, staff or others in the environment.
- They have a contagious illness or have a known exposure to a communicable disease that would jeopardize the patient's health.
 - o Visitors should be free of infection or illness and should not have experienced symptoms such as fever, cough, runny nose, sore throat, skin rash, vomiting or diarrhea within the 48 hours prior to a visit.
- To adhere to patient or support person's request to limit visitation.
- To protect the privacy of other patients during acute events on the patient care unit.
- Children under the age of 8 are not permitted.
- Children over the age of 8 must be accompanied by a responsible adult to ensure a safe and restful environment for the patients. If a child's behavior becomes disruptive, the adult will be asked to escort the child to the waiting area.

The CCU staff believes that family involvement in your loved one's care benefits their well-being. Our goal is to provide the highest quality care for your loved one. If you have questions or concerns, please feel free to discuss them with us. We greatly

appreciate your cooperation

Important Numbers & Information

Critical Care Unit P (615) 328-4300 F (615) 328-5061

CCU Lobby P (615) 328-4390

Nursing Director P (615) 328-4381



Visitation Guidelines

NO food at bedside. Drinks are allowed.

Infection Control

To prevent the spread of infection, each visitor must wash his/her hands or use the hand sanitizer on the wall in the patient's room when entering or exiting the patient's room.

If you wish to visit a patient who has been placed in isolation, all isolation practices for the specific patient must be followed. The patient's nurse will provide you with instructions. The isolation instructions are also posted on the patient's door.

Patient Privacy and Environment

Visitors should not stand in hallways or enter another patient's room. Please remain in the room of the patient you are visiting or in the CCU lobby.

Critically ill patients require plenty of rest and sleep for recovery. There may be times when it is more therapeutic for patients to have less stimulation or interaction with family members. Please trust the medical team when we ask for additional quiet time for the patient.

Please limit the number of trips in and out of the unit to help maintain a quiet environment and to ensure patient privacy.

Please use the patient call light in the room when assistance is needed and a staff member will be alerted to assist you.

Physician Rounds

Please remain in patient rooms to be available to speak with the physicians as they make rounds. Physicians make rounds daily, however, times may vary. Please notify the nurse if you need help meeting with a physician.

Personal Items in the CCU

Family members are welcome to bring personal items for patients such as cards and photographs that may encourage recovery. Please keep personal items of value, like jewelry or cash, at home.

No Tobacco

Sumner Regional Medical Center is a tobacco-free facility. This includes vapor or electronic devices.

Sumner Cafe Cafeteria Hours

Sumner Cafe is located on the first floor of Patient Tower B.

Monday - Sunday Hours:

Breakfast 6:30 a.m. - 10:15 a.m. Lunch/Dinner 11:15 a.m. - 5:00 p.m.

Vending and Gifts

Vending machines and an ATM are located just outside the Courtyard Cafe on the first floor of the Patient Tower B. Gifts, snacks and personal care items can be found in the Simply Sumner Gift Shoppe, located on the first floor of Patient Tower A.

Hospital Chapel

The Chapel is located on the first floor of Patient Tower B. The Chapel is available 24 hours a day for prayer and spiritual support. We welcome guests to use the Chapel at any time for prayer.

Services are provided in a nondiscriminatory manner without regard to race, color, gender, age, national origin, veteran status or disability.

Visiting Hours

8:30 a.m. to 12:30 p.m., 2:00 p.m. to 6:00 p.m. and 8:00p.m. to 9:00 p.m.



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